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Author : Shmuel (Sam) Vaknin

Description :

Narcissistic and psychopathic leaders come in all shapes and degrees of virulence. Learn to recognize them in various settings (the workplace, religion/church, or politics) and to cope with the toxic fallout of their "leadership". Includes analyses of historical figures from Alexander the Great to Jesus and from Hitler to Trump and Obama.

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NEW BOOK : Psychosexuality (2023 Edition)

Title : "The Death of Sex and the Demise of Monogamy"

Author : Shmuel (Sam) Vaknin

Description :

Sex is dead and so is monogamous marriage. What will replace them? Read about alternative lifestyles (such as swinging), sexual preferences (such as bi- and homosexuality), sexual paraphilias (such as incest, fetishism, and pedophilia), and the role of malignant narcissism in the disintegration of relationships between men and women.

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NEW BOOK : ABUSIVE RELATIONSHIPS

Title : "Abuse, Trauma, and Torture - Their Consequences and Effects" (2009 Edition)

Author : Shmuel (Sam) Vaknin

Description :

The effects on victims and survivors of traumatic experiences, long-term and repeated abuse, and torture. Includes in-depth profile of the Narcissistic Abuser and hundreds of links to literature and resources.

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NEW BOOK : ABUSIVE RELATIONSHIPS

Title : "Narcissism Book of Quotes" *(2007 Edition)*

Author : Members of Sam Vaknin's Narcissistic Personality Disorder Topic in Suite101

Description :

Narcissistic Personality Disorder (NPD) and relationships with abusive narcissists and psychopaths: the point of view and lessons of the victims.

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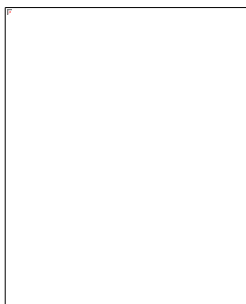
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Title : "Malignant Self-love: Narcissism Revisited" - Tenth Edition (Revised June 2015)
– **Excerpts ONLY!**

Author : Shmuel (Sam) Vaknin



Description :

Narcissistic Personality Disorder (NPD) and relationships with abusive narcissists and psychopaths - Frequently Asked Questions (FAQs), journal entries, excerpts from the archives of the Narcissism List.

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Author : Shmuel (Sam) Vaknin

Description :

Psychopathology as the outcome of problems in early childhood development.

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Title : "The Conundrums of Psychology" - Second Online Edition *(2007 Edition)*

Author : Shmuel (Sam) Vaknin

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Title : "The Narcissism Reader" *(2020 Edition)*

Authors: Peter Fritz Walter and Shmuel (Sam) Vaknin

Description :

‘The Narcissism Reader: Clinical, Behavioral, Spiritual’ is an explorative journey co-authored by Sam Vaknin and Peter Fritz Walter.

URL OF FREE CONTENT: <https://peterfritzwalter1.wordpress.com/2021/02/25/the-narcissism-reader/>

NEW BOOK : MENTAL HEALTH

Title: "Scientific Healing and Recovery from Narcissistic Abuse: Evidence-based Practices (clinical and self-help) - Trilingual Edition" (2025 Edition)

Authors: Sam Vaknin

Description:

Trilingual edition (in English, Macedonian, and Albanian) of the book “Scientific Healing and Recovery from Narcissistic Abuse: Evidence-based Practices (clinical and self-help)”.

The book summarizes the work of Sam Vaknin in the field of narcissistic abuse and the current scientific knowledge regarding healing and recovery from such toxic relationships.

URL OF FREE CONTENT:

<https://www.narcissistic-abuse.com/NAHealingpic.pdf>

https://www.academia.edu/143122185/Scientific_Healing_and_Recovery_from_Narcissistic_Abuse_Evidence_based_Practices_clinical_and_self_help_Trilingual_Edition

<https://archive.org/details/NAHealingpic>

NEW BOOK : MENTAL HEALTH

Title: The Emergence of Cluster B Personality Disorders in Childhood and Adolescence (2025 Edition)

Authors: Sam Vaknin

Description:

We need to reconceive of cluster B personality disorders as post-traumatic dissociative conditions involving self-states (subpersonalities with pseudoidentities). This seems to be the most clinically rigorous way to rid ourselves of excessive comorbidities and polythetic diagnoses. Recasting cluster B personality disorders as post-traumatic conditions which involve dissociation goes a long way towards resolving these outstanding conundrums.

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<http://samvak.tripod.com/emergence.pdf>

https://www.academia.edu/143352020/The_Emergence_of_Cluster_B_Personality_Disorders_in_Childhood_and_Adolescence

https://archive.org/details/emergence_202508

NEW BOOK : MENTAL HEALTH

**Title: Life Cycle of the Narcissist: Parents, Partners, Children (From Self to Objects)
(2026 Edition)**

Authors: Sam Vaknin

Description:

Pathological narcissism is a lifespan disorder and structures the life cycle of the narcissist from early childhood to adulthood and senescence. The book describes the intricate dynamics between the narcissist (a person diagnosed with Narcissistic Personality Disorder or NPD) and his parents, intimate partners, and own offspring.

URL OF FREE CONTENT:

https://www.academia.edu/165695057/Life_Cycle_of_the_Narcissist_Parents_Partners_Children_From_Self_to_Objects

<https://archive.org/details/lifecycleofnarcissist>

https://www.researchgate.net/publication/403832489_Life_Cycle_of_the_Narcissist_Parents_Partners_Children_From_Self_to_Objects

II. Philosophy and Ethics

NEW BOOK : PHILOSOPHY

Title: "Speculations and Physics" (2014 Edition)

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

Essays and articles about modern physics, speculations in science, pseudo-science and the alleged incompatibility between God and modern science

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Eytan H. Suchard's revolutionary work incorporates a Chronon Field, first proposed in Sam Vaknin's Ph.D. dissertation in 1982 (click [HERE](#) for more)

"Upper Time Limit, Its Gradient Curvature, and Matter" by Eytan H. Suchard

First published in [Journal of Modern Physics and Applications 2014, 2014:5](#)

NEW BOOK : PHYSICS

Title: "Chronon Field Theory" (2025 Edition)

Author: Eytan H. Suchard, Sam Vaknin (Foreword)

DESCRIPTION:

The Chronon Field Theory is revolutionary in many ways. It was first conceived by Sam Vaknin in his doctoral dissertation (1982-4). But the current, more geometric incarnation, is largely the work of Eytan H. Suchard who is a Machine Learning algorithms developer and a former student at the Technion in Haifa, Israel. In 1991, Suchard was a student of Professor Nathan Rosen, Albert Einstein's collaborator.

Nathan Rosen's approach to physics was mainly geometrical, unlike today's trend to try to obtain spacetime as emergent out of endless matrices and/or a discrete theory which is based on particles.

In 2003, while working on models of signature recognition based on minimum action

diffeomorphisms Eytan encountered the idea that the square acceleration of unit vectors can describe the electromagnetic phenomena.

Moreover, the unit vector was derived from the gradient of a Morse function that can be interpreted as time just as in Geroch's Splitting Theorem.

The association with Professor Nathan Rosen's dissatisfaction with the Einstein-Grossmann action, since the energy-momentum tensor is not described directly as part of spacetime geometry, was an incentive to develop a new theory of time and matter.

In 2006 circa 2009, the author became familiar with the idea of a chronon field and of realization events via the work of Dr. Sam Vaknin who has been offering new mathematical bibliography since then, which proved to be vital to the development of the theory.

The familiarization with the new ideas, thanks to Dr. Sam Vaknin, of realization events and a chronon field, led to the work on fields of time and space to derive a new formalism of the Einstein-Grossmann equation for force fields in general.

Most of the work was done from 2017 up to 2025, although, in 2012, the author became familiar with the uniform acceleration formalism of Tzvi Scarr and Yaakov Friedman, and in 2013, 2014, 2015 and in 2017, rudimentary papers have been published.

In 2016 the main idea was presented by the author in the physics conference of International Association of Relativistic Dynamics - IARD in Ljubljana in Slovenia.

In 2025, insights from Dr. Sam Vaknin led the author to the idea that time asymmetry is a result of conservation of field orientations. This conservation is vital for the acceleration fields to be non-vanishing along world lines.

Moreover, dimension 4 itself is the minimal for such orientation to lead to the asymmetry of time.

This insight is contrary to the initial approach of the author in 2003 which was based on ideas from thermodynamics. The technological outcome of the theory has yet to be corroborated, however, signs for its validity may already exist in the experiments of Professor Timir Datta, in the experiments of Dr. Takaaki Musha, and in the experiment Mark Sokol from Falcon Space with a high voltage DC baseline plus a high voltage AC wave.

Other experiments which may be related are experiments by Dr. Charles Raymond Buhler. The latter is less understood directly from the theory. The author was in contact with Mark Sokol and his colleague Jerimiah Popp, which further inspired work on technological ideas in 2024-2025.

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"Upper Time Limit, Its Gradient Curvature, and Matter" by Eytan H. Suchard

First published in [Journal of Modern Physics and Applications 2014, 2014:5](#)

NEW BOOK : PHILOSOPHY

Title: "Cyclopedia of Philosophy" (2009 Edition)

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

Cyclopedia of issues in modern philosophy: The philosophy of science and religion, the cognitive sciences, cultural studies, aesthetics, art and literature, the philosophy of economics, the philosophy of psychology, and ethics.

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Title: "Essays on God and Freud" (2009 Edition)

Author: Shmuel (Sam) Vaknin, Ph.D.

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Six essays about the alleged incompatibility between **God and modern science** and four essays about **Psychoanalysis** and its role in the landscape of modern, scientific psychology and evidence-based psychotherapies.

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Author: Shmuel (Sam) Vaknin, Ph.D.

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Author: Shmuel (Sam) Vaknin, Ph.D.

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III. Geopolitics and Current Affairs

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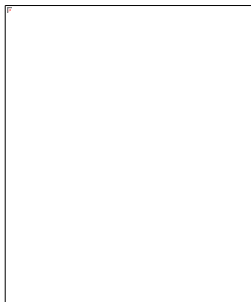
Title : "After the Rain - How the West Lost the East"

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

An anthology of more than 50 articles regarding the politics, economics, geopolitics and history of countries in central and eastern Europe and the Balkans.

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Title : "Good Morning, Brussels" (2025 Edition)

Author : Shmuel (Sam) Vaknin, Ph.D.

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Author : Shmuel (Sam) Vaknin, Ph.D.

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Title : "Terrorists and Freedom Fighters"

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

The history of four terrorist organizations in the Balkans and a general introduction to terrorism and freedom fighting.

Also includes essays about religious co-existence in the Balkans and about pathological narcissism as a precursor to terrorism.

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IV. Economics and Business

NEW BOOK : FINANCE

Title : "The Facts and Fictions of the Securities Industry" *(2009 Edition)*

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

The securities industry, its markets, instruments (equity, debt, derivatives), trading strategies, underlying economic models, and future.

URL OF FREE CONTENT: <http://samvak.tripod.com/guide.html>

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NEW BOOK : ECONOMICS

Title: "A Critique of Piketty's 'Capital in the Twenty-first Century'" (*2014 Edition*)

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

A Critique of Piketty's tome about income inequality and social mobility in the West (mainly the USA, UK, and EU.)

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NEW BOOK : ECONOMICS

Title: "Capitalistic Musings" (*2007 Edition*)

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

Critical analysis of the foundations and tenets of capitalism and of the dismal science - economics.

URL OF FREE CONTENT: <http://samvak.tripod.com/guide.html>

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NEW BOOK : ECONOMICS

Title : "The Labor Divide" *(2007 Edition)*

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

Modern labour theories and practice. Covers issues like employment, unemployment, migration, brain drain, entrepreneurship, workaholism, and trade unions.

URL OF FREE CONTENT: <http://samvak.tripod.com/pp117.html>

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NEW BOOK : ECONOMICS

Title : "Corruption and Financial Crime" *(2009 Edition)*

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

Essays about corruption, money laundering, crime, and international finance.

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NEW BOOK : BUSINESS

Title : "The Exporter's Handbook"

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

A tutorial for export transactions - from financing to shipping, INCOTERMS and contracts.

URL OF FREE CONTENT: <http://samvak.tripod.com/exporter.html>

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NEW BOOK : BUSINESS

Title: "Small Business Manual"

Author: Shmuel (Sam) Vaknin, Ph.D.

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Issues in owning and managing a small business in developing and poor countries.

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NEW BOOK : PUBLISHING and MEDIA

Title : "TrendSitters - Digital Content and Web Technologies" *(2009 Edition)*

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

Essays dedicated to the new media, doing business on the web, digital content, its creation and distribution, e-publishing, e-books, digital reference, DRM technology, and other related issues.

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NEW BOOK : ECONOMICS

Title : "Cyclopedia of Economics" *(2009 Edition)*

Author : Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION :

Cyclopedia of issues in economics analyzed through the prism of the economies of countries in transition, emerging markets, and developing countries.

URL OF FREE CONTENT:

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NEW BOOK : BUSINESS

Title: "Healthcare Reform Checklist" (2009 Edition)

Author: Shmuel (Sam) Vaknin, Ph.D.

DESCRIPTION:

Checklist for reforms in the healthcare sector: purchasing, provision, delivery, commissioning, and stewardship. Detailed case studies from Germany and Eastern Europe.

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V. Fiction and Poetry

NEW BOOK : Short Fiction (2010 Edition)

Title : "MindGames"

Author : Shmuel (Sam) Vaknin

Description :

Short stories about bizarre mental health disorders. The mind is the most terrifying place of all!

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Title: "Words: A Short Guide to Making Your Own" (2025 Edition)

Author: Shmuel (Sam) Vaknin

Description:

An overview of the art of putting words together.

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NEW BOOK : SHORT STORIES and POETRY

Title : "The Suffering of Being Kafka" (2023 Edition)

Author : Shmuel (Sam) Vaknin

Description :

A second volume of short stories and poetry translated from the Hebrew.

URLs:

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<http://gorgelink.org/vaknin/> (Mainly English)

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NEW BOOK : THRILLER *(2007 Edition)*

Title : "The Hitler File" - **excerpts**

Author : Shmuel (Sam) Vaknin

Description :

What was in Hitler's personal file kept by the Nazi Party's own intelligence agency, the SD? Israel Sarid Roth, only son of two survivors of the Holocaust is about to find out, as a routine assignment in Jerusalem plunges him into the center of a deadly nightmare.

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VI. Miscellaneous

NEW BOOK : LINKS and FACTOIDS

Title : "Links and Factoids" (2007 Edition)

Author : Shmuel (Sam) Vaknin

Description :

Anthology of fascinating historical and scientific facts and links to relevant Web sources.

URL : <http://samvak.tripod.com/factoidsindex.html>

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NEW SERIES The Narcissist on Instagram

Title: The Narcissist on Instagram: Epigrams and Observations (2021-5 Editions)

Author : Shmuel (Sam) Vaknin

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- II. Men, Women, Gender Wars
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- VII. Public Intellect, Private Rants

URL : <https://www.instagram.com/vakninsamnarcissist> (archive only)

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<http://www.narcissistic-abuse.com/instagram5.pdf> **(Fifth Book)**

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<http://www.narcissistic-abuse.com/instagram6.pdf> **(Sixth Book)**

Title: World in Conflict, Mind in Transition: Sam Vaknin Interviews (2023 Edition)

Author : Shmuel (Sam) Vaknin

Description :

Interview about Nothingness
Interview about Narcissism
Interview about Cold Therapy
Interview on Giftedness and IQ
Interview on Religion and God
Interview on Science and Reality
Interview about Gender Wars
Interview about Psychological Growth
Interview about Structure, Function, Society, and Survival
Interview about Chronon Field Theory and Time Asymmetry
Interview on Genius and Insanity
Interview about Freedom of Expression
Interview about Misogyny and Misandry
Interview about Victimization, Victims, and Victimhood Identity Movements
Interview about Gut Feelings and Intuition
Narcissism: The Future Religion
Free Will: Illusion or Reality?
Physics or Metaphysics?
Censorship, East and West
Mind, Reality, or Mere Language?
The Psychology of War

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Sam Vaknin

Web and Journalistic Activities

Columnist in [Brussels Morning](#) ([sample](#))

Author of extensive Web sites in:

– Psychology ("[Malignant Self-love: Narcissism Revisited](#)") – an Open Directory Cool Site for 8 years.

– Philosophy ("[Philosophical Musings](#)"),

– Economics and Geopolitics ("[World in Conflict and Transition](#)").

Editor of mental health disorders and Central and Eastern Europe categories in various Web directories (Open Directory, Search Europe, [Mentalhelp.net](#)).

Editor of the Personality Disorders, Narcissistic Personality Disorder, the Verbal and Emotional Abuse, and the Spousal (Domestic) Abuse and Violence topics on Suite 101 and contributing author on [Bellaonline](#).

Columnist and commentator in "The New Presence", [United Press International \(UPI\)](#), InternetContent, eBookWeb, [PopMatters](#), [Global Politician](#), Analyst Network, Conservative Voice, [Brussels Morning](#), American Chronicle Media Group, eBookNet.org, and "[Central Europe Review](#)".

Publications and Awards

"Managing Investment Portfolios in States of Uncertainty", Limon Publishers, Tel-Aviv, 1988

"The Gambling Industry", Limon Publishers, Tel-Aviv, 1990

"[Requesting My Loved One: Short Stories](#)", Miskal-Yedioth Aharonot, Tel-Aviv, 1997

["The Suffering of Being Kafka"](#) (electronic book of Hebrew and English Short Fiction), Prague, 1998-2004

["The Macedonian Economy at a Crossroads – On the Way to a Healthier Economy"](#) (dialogues with [Nikola Gruevski](#)), Skopje, 1998

["The Exporter's Pocketbook"](#) Ministry of Trade, Republic of Macedonia, Skopje, 1999

["Malignant Self-love: Narcissism Revisited"](#), Narcissus Publications, Prague, 1999-2007 (Read excerpts - click [here](#))

[The Narcissism, Psychopathy, and Abuse in Relationships Series](#)
(E-books regarding relationships with abusive narcissists and psychopaths), Prague, 1999-2010

[Personality Disorders Revisited](#) (e-book about personality disorders), Prague, 2007

["After the Rain – How the West Lost the East"](#), Narcissus Publications in association with [Central Europe Review/CEENMI](#), Prague and Skopje, 2000

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Winner of numerous awards, among them [Israel's Council of Culture and Art Prize for Maiden Prose](#) (1997), The Rotary Club Award for Social Studies (1976), and the Bilateral Relations Studies Award of the American Embassy in Israel (1978).

Hundreds of professional articles in all fields of finance and economics, and numerous articles dealing with geopolitical and political economic issues published in both print and Web periodicals in many countries.

[Many appearances in the electronic and print media](#) on subjects in psychology, philosophy, and the sciences, and concerning economic matters.

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From the PUBLISHER

"Malignant Self-love: Narcissism Revisited" is now available also from the publisher (more expensive, but includes a bonus pack):

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Kindle Books about Narcissists, Psychopaths, and Abusive Relationships – use these links:

http://www.amazon.com/s/ref=ntt_athr_dp_sr_1?encoding=UTF8&field-author=Sam%20Vaknin&search-alias=digital-text&sort=relevancerank (Amazon USA)

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Free excerpts from the EIGHTH, Revised Impression of "Malignant Self-love: Narcissism Revisited" are available as well as a **NEW EDITION of the Narcissism Book of Quotes**.

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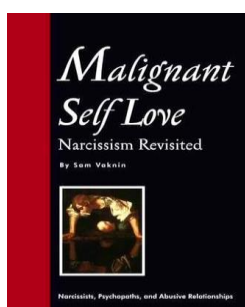
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Divorcing a narcissist or a psychopath is no easy or dangerless task. This book is no substitute for legal aid, though it does provide copious advice on anything from hiring an attorney, to domestic violence shelters, planning your getaway, involving the police, and obtaining restraining orders. Issues from court-mandated evaluation to custody are elaborated upon. The book describes the psychology of psychopathic narcissists, paranoids, bullies and stalkers and guides you through dozens of coping strategies and techniques, especially if you have shared children.

*Dozens of **KINDLE e-books** about Narcissists, Psychopaths, and Abuse in Relationships - click [HERE](#)*

1. "Malignant Self-love: Narcissism Revisited (FULL TEXT)" - Tenth, Revised Electronic Edition (June 2015)



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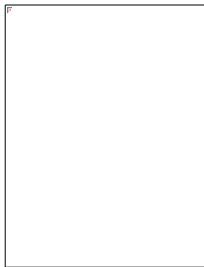
The FULL TEXT of Sam Vaknin's classic, groundbreaking BIBLE of NARCISSISM and NARCISSISTIC ABUSE, now in its 10th edition. Tips and advice as well as the most complete clinical background. Narcissistic Personality Disorder and its effects on the narcissist, the psychopath and their nearest and dearest - in 100 frequently asked questions and two essays - a total of 730 pages! **Updated to reflect the NEW criteria in the recent fifth edition of the Diagnostic and Statistical Manual (DSM).**

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How to identify abuse, cope with it, survive it, and deal with your abuser.

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